

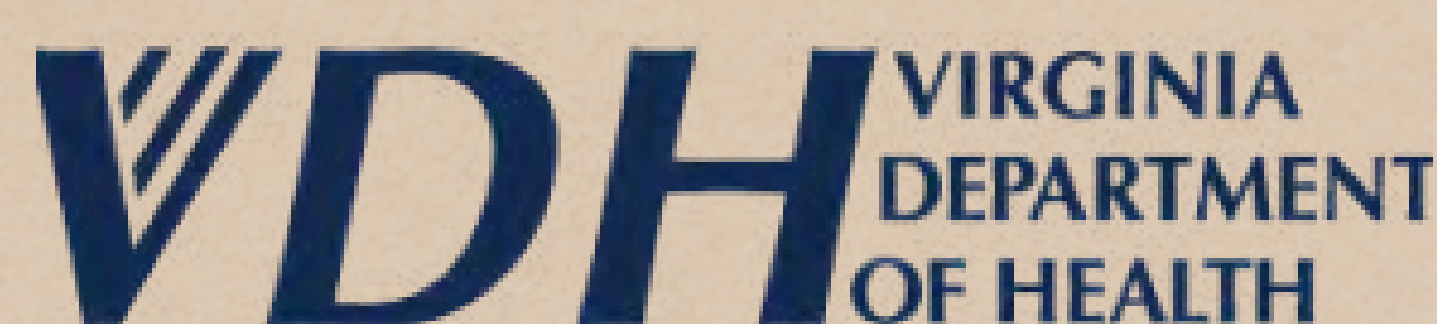
VIRGINIA PERINATAL SUBSTANCE USE SUMMIT

AGENDA



DAY ONE | JUNE 3, 2026

8 am - 9 am	Registration & Networking Breakfast
9 am - 9:30 am	Welcome & Opening Remarks Speaker: Deanna Reed, Mayor of Harrisonburg Speaker: Lauren Kozłowski, VDH & Jan Brown, ORN
9:30 am - 10 am	Behind the Behavior: Understanding Addiction, the Brain, and its Impact Upon Parenting Part 1 Speaker: Sharon Hesselstine, ORN
10 am - 10:15 am	Break
10:15 am - 11:15 am	Behind the Behavior: Understanding Addiction, the Brain, and its Impact Upon Parenting Part 2 Speaker: Sharon Hesselstine, ORN
11:15 am - 12:15 am	Innovative Public Health Strategies: Minimizing Risk and Enhancing Community Well-Being for Pregnant and Parenting Women Speaker: Jan Brown, ORN
12:15 am - 1:00pm	LUNCH
1:00 pm - 2:15 pm	Fishbowl: In Their Own Words Moderator: Jan Brown, ORN
2:15 pm - 2:30 pm	Break
2:30 pm - 3:30 pm	We Love People Who Use Drugs....Do you? Speaker: Jan Brown, ORN
3:30 pm - 4:00pm	Closing Remarks & Thank You Speaker: Lauren Kozłowski, VDH & Lo Walker, VDH



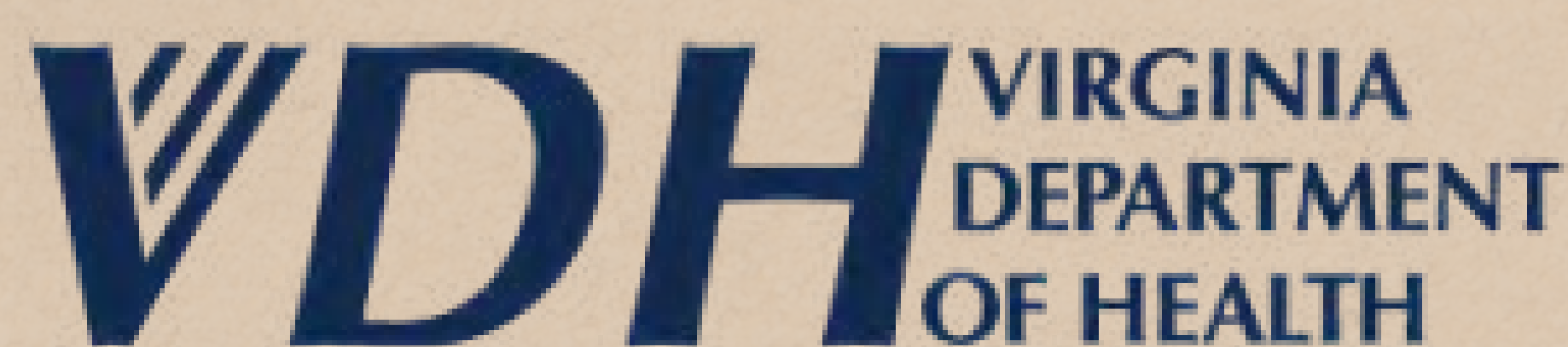
VIRGINIA PERINATAL SUBSTANCE USE SUMMIT

AGENDA



DAY TWO | JUNE 4, 2026

8 am - 9:15 am	Welcome & Opening Remarks Breakfast Speaker: Lauren Kozlowski, VDH & Lo Walker, VDH
9:15 am - 10:00 am	Families Thriving Speaker: Sharon Hesselstine, ORN
10:00 am - 11:15 am	Building Strong Foundations: Support and Scaffolding for Pregnant and Parenting Families Speaker: Jan Brown, ORN
11:15 am - 11:25 am	Break
11:25 am - 12:40 pm	Panel: Cross-System Perspectives on Working with Pregnant & Postpartum People with SUD Moderator: Jan Brown, ORN
12:40 pm - 1:25 pm	LUNCH
1:35 pm - 2:20 pm	Break Out Session 1 Choose One Go to page 3 & 4 for more information on breakouts.
2:30pm - 3:15 pm	Break Out Session 2 Choose One: Go to page 3 & 4 for more information on breakouts.
3:15 pm - 3:20 pm	Transition back to main room
3:20pm - 4:50 pm	Gallery Walk: SEI Plan Moderator: Lo Walker, VDH



VIRGINIA PERINATAL SUBSTANCE USE SUMMIT



BREAK OUT SESSION INFORMATION

Participants may attend two of the three breakout sessions.
Please select the sessions that stand out to you the most.

It Takes a Village: A Community, Regional and Statewide Journey to Integrated Perinatal SUD Services and Maternal Mental Health Access in VA

Speakers: Dr. Kimberly Simcox & Dr. Jennifer Wells | Virginia Tech-Carilion School of Medicine Department of Obstetrics and Gynecology

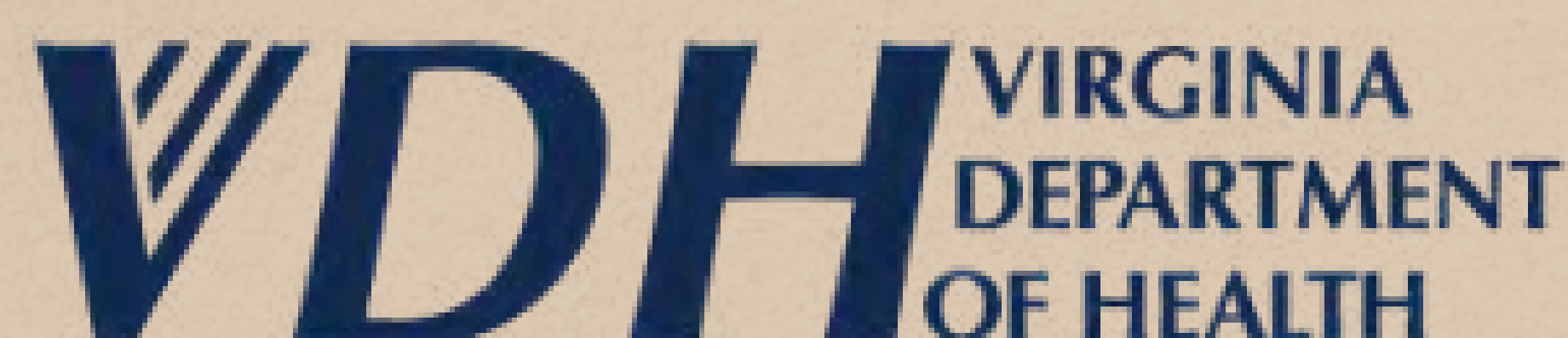
Description: What started as a shared vision between two physicians to improve care for pregnant and postpartum patients with substance use disorders grew into a multidisciplinary clinic that integrates obstetric and addiction services, reducing barriers and improving outcomes. Their work expanded beyond the clinic through community partnerships, the creation of a specialized residential treatment facility, and a statewide provider support program to enhance perinatal mental health care. Together, these efforts demonstrate how collaboration and persistence can transform fragmented care into a more coordinated, compassionate system.

Presenters will share practical lessons on starting small, navigating barriers, and building partnerships that sustain integrated perinatal SUD programs and optimize maternal mental health outcomes.

Strength In Peers: A Peer-Run Model for Recovery, Harm Reduction, and Maternal Health

Speakers: Lindsey Eye | Strength in Peers

Description: This presentation introduces Strength In Peers, a peer run nonprofit that supports individuals facing substance use, mental health, and trauma related challenges through lived experience and community based services. It highlights their harm reduction approach and peer led programs supported in part by funding from the Opioid Abatement Authority, including Mom2Mom, which serves pregnant and postpartum individuals impacted by substance use. The session emphasizes how peer driven models improve access to care, reduce stigma, and strengthen outcomes for underserved populations.



VIRGINIA PERINATAL SUBSTANCE USE SUMMIT



BREAK OUT SESSION INFORMATION

Participants may attend two of the three breakout sessions.
Please select the sessions that stand out to you the most.

Shaping the Developing Brain: Prenatal Influences, Substance Exposure, and Community Impact

Speakers: Dr. Brittany Howell | Virginia Tech Maternal Influence on Neurodevelopment (MIND) Lab

Description: This presentation will present foundational developmental processes that occur in the brain during the fetal and infant periods, and how environments impact these processes resulting in individual differences in the brain and behavior. Specific emphasis will be given to the impacts of substance exposure in the larger contexts of family, community, and society. Specific efforts in Virginia, including the HEALTHY Brain and Child Development (HBCD) study will be discussed, as well as how we as community members can support efforts like these.

